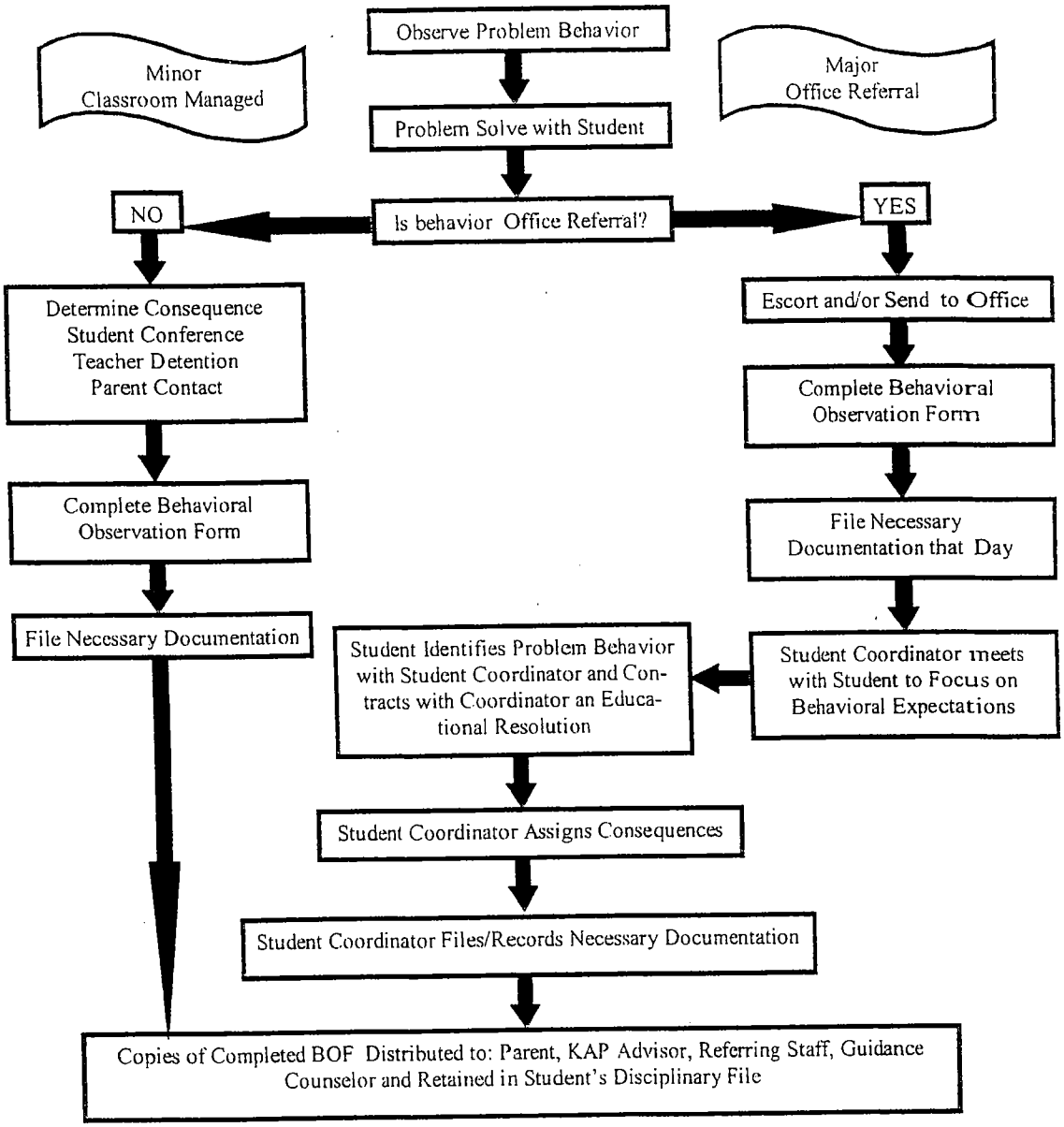ConVal High School