

# Wraparound-NH: What Do We Know? Where Do We Go?

Presentation for MAST-NH Leadership  
Team

April 17, 2008

## What do we know in NH

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- Wraparound is a promising practice with research to support its efficacy when practiced *with fidelity*

## Wraparound Research

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- Fifteen studies:
  - 2 qualitative case studies, 11 pre-post studies, 2 quasi experimental studies, 2 studies using clinical trials.
- The research is not yet mature enough to qualify wraparound w/ fidelity as an evidence based practice in its pure definition, but results to date reveal a research-supported promising practice.

## Case Study

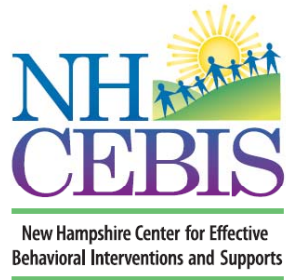
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- Case study: (Cumbland, 1996) 8 child welfare families:
- While the families received wraparound (mean 3 yrs.):
  - no longer evidence of abuse or neglect
  - no children removed from home
  - home environment stability
  - no children exhibiting the high end behaviors that led to referral to wrap

## Pre-Post Studies

Eleven  
National  
Published  
Pre-Post  
Studies

- Improvement in self-control
- Decrease in problem behaviors
- 85% decrease in arrests
- Improvement in permanency
- Decrease in hyperactivity
- Decrease in abuse related behaviors
- Decrease in substance use
- Decrease in hospital admissions
- Decrease in out-of-home placements



# National Published Studies

## Two Randomized Published Studies

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- Increase in home, school, community functioning
- Improved permanency
- Decrease in days and number of suspensions
- Decrease in runaway behavior
- Decreased incarceration (2.6 times less likely)
- Decrease in delinquency and conduct disorder
- Decrease in problem behavior

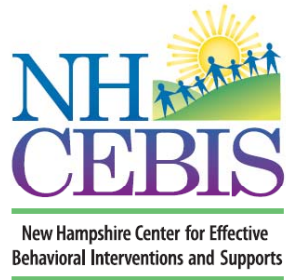
## Research Cont'd: Clinical Trials

- Florida study (Clark et al., 1998):
  - 131 youths in the foster care system were randomly assigned to either wraparound foster care (n=54) or standard foster care (n=77)
  - A few of the findings of this study for the Wraparound group:
    - fewer placement changes
    - fewer days absent from school
    - boys showed lower rates of delinquency and better externalizing adjustment
    - older youths were more likely to achieve a permanent living arrangement in the community (with their parents, relatives, adoptive parents, or living on their own).

## Wrap-NH: What We Know Now

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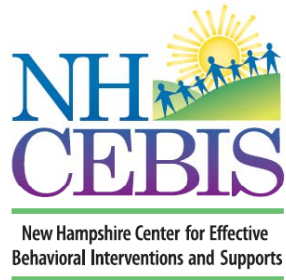
- Access to skilled Wraparound facilitation is an important feature in a continuum of support for children & families
- 50+ People received training through a 30 hour Wraparound course thru MAST-NH (in the past 18 mos)
- 20+ more will have opportunity to receive this training before MAST-NH ends



# Wrap-NH: What We Know Now: Wrap-NH Course

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- The Wrap-NH course covers content aligned w/ the fundamental features of Wrap as outlined by Eber, Miles & others
- Course now connects participants to SIMEO system: web-based data system using Wrap fidelity instruments designed through the Illinois Statewide Technical Assistance Center



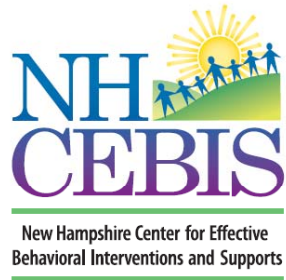
## What we know now in NH: SIMEO

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- 5 NH trained Wrap facilitators have received introductory training on the SIMEO system and have committed to:
  - 1) entering data on the system for at least 2 families by June 30
  - 2) submitting a formal written Wraparound plan for at least one family by June 30
- Once NH folks are all using SIMEO, we will have access to further training on the system until March 2009 (in groups of 5)

# What we know now in NH

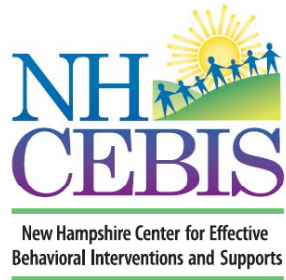
- A list of competencies for Wrap-NH Mentors has been developed and vetted in NH and Illinois
- Mentor training has begun which includes:
  - Support to achieve the mentor competencies developed for MAST-NH
  - Review of Wrap fidelity tools facilitators can use at each stage of the process,
  - Brainstorming with facilitators about where teams get stuck and how to help "un-stick" teams
  - Build system for collegial support



## Wrap-NH: What We Know Now: Regional Capacity/ Support Network

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- Kate Salvati has taken a leadership role in the development of a regional support system for Wraparound in the Seacoast region which includes the establishment of a regional ‘hub’ for Wraparound at Strafford Learning Center



# Wrap-NH: Seacoast Regional Network Development

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- Development of a referral process (forms/ procedures/ criteria)
- Information access and dissemination
- Building capacity for peer/ collegial support for Wraparound
- Commitment to utilize data-based decision making through use of SIMEO fidelity tools and input/ output (summarization) of data
- Commitment to fidelity of practice
- On-going monitoring/ using data for decision-making and for evidencing progress
- Grant proposal through NH Endowment of Health to enhance and sustain current work

# What we don't know

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What information do we need in order to make good decisions about where we go from here?

## What we don't know

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- Are other Wraparound Courses offered through IHEs (or in other venues) that provide training in features of Wrap process as aligned with Wrap-NH?
  - Who are trained?
  - Are they implementing Wraparound?
- Are there courses that teach Wraparound in a different way? A different process?

## What We Don't Know:

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- Of the 50+ trained thru MAST-NH, how many are *currently* providing Wraparound facilitation with families in NH?

# What We Don't Know

- Of those providing Wraparound facilitation, how many are doing so ***with fidelity?***

## What We Don't Know:

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- We are certain that the need for Wraparound exceeds the availability of trained facilitators, but we do not know how many families in NH would be good candidates for Wraparound (i.e. what is the actual gap?)
  - How will we know we are approaching capacity?

# What We Don't Know

- Which regions have an established 'hub' for Wraparound (or the infrastructure to establish such a hub)?
  - Is a regional or community 'hub' for Wraparound a critical system feature given what we know about access to and sustainability of Wraparound?
  - What are the organizational components of a Wraparound hub?
  - What is missing/ needed in each region to develop a Wraparound hub?

## What We Don't Know

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- To what extent are schools/ families aware of existing Wraparound supports?
- If Wrap is occurring, to what extent are schools/ families satisfied with existing Wraparound supports?
- Is there existing data to evidence the efficacy of Wrap in NH?

## What We Don't Know:

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- Is there a common understanding about what Wraparound is/ isn't?
  - Do schools/ families/ community agencies have access to information about what Wrap-NH is/ isn't?

## What We Don't Know:

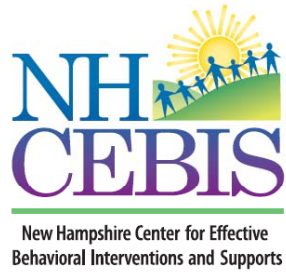
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- What is needed knowledge base for potential 'referrers' to Wraparound
  - What is the extent of need re: educating potential referrers?
    - Who are the potential referrers?
    - Do they know what families should expect in a Wraparound process?
    - Do they know how best to get a facilitator connected to a family?

# What We Don't Know:

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- Looking ahead, what should we be our recommendations to focus efforts in Wraparound capacity building in NH?
  - System development
  - Finding/ training new potential Wraparound facilitators (where?)
  - Education/ information dissemination
  - Peer support networks/ regional systems
  - Political support
  - Funding/ 3<sup>rd</sup> Party Billing
  - Other



# Wrap-NH Activity:

Who: Groups by Region

What: 1) Complete Wrap Process Assessment/ assess Wraparound w/ fidelity by region:

2) Using assessment & what we know/ don't know about Wrap in NH, what can be done in to further the work of Wraparound? Assign Note-taker & Facilitator and Address:

- a) Increasing Wrap facilitator capacity
- b) Building infrastructure
  - Creating a Hub
  - Establishing Regional or Community Leadership
  - Developing a Referral Process
  - Organizing Information and Dissemination of Info
  - Promoting Use of Data and Fidelity of Practice/ Developing Evidence Basis
  - Building Capacity for Peer / Mentor support?
- c) Busting barriers
  - Education: Building Knowledge of what Wrap is/isn't
  - Issues Impacting Access to Wraparound
    - Training, Time, Transportation, Money, Political support, etc.
  - Addressing Past Failures/ Reputation Issues
    - Wrap not done w/ fidelity/ Wrap not done successfully
    - Need for re-education as to what Wraparound is

Timeframe: 30 Minutes

Report Out: Group Share/ Hand-in Process Assessment (copies to be provided)