

Techniques for Avoiding Counteraggressive Responses When Teaching Youth with Aggressive Behaviors

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This article describes strategies to counteract aggressive responses when students exhibit aggressive behaviors. Promising practices include the conflict cycle, self-management, components of life space interviewing, anger replacement training, and relationship technology.



Brigitte's Story Is Everyone's Story

A first-year teacher and recent graduate of our undergraduate teacher training program at Rivier College came back to see me the other day after a rather long and difficult week of teaching. "What's wrong, Brigitte?" I asked. "I'm trying so hard to do what you've taught me," she explained, "but I couldn't stop myself today, and I feel bad." Brigitte had been hired as a special education teacher with adolescent students who were relationship reluctant. The middle school where she taught is in a poverty stricken area of Massachusetts. "What happened?" I asked. "I yelled at them today. I tried not to, but I couldn't help myself. I know that yelling back doesn't help, and I know

Drawing by Doug Sciorra, 18-year-old student at Steuben-Allegany BOCES, Hornell, New York.

